

JMT has initiated Research clinical, therapeutic and clinical cardiology in the country. It has set a JMT Research Grant and according to the need calls for research work. So far, it has funded 11 researches as following:

1. Community-based intervention for blood pressure reduction in Nepal: a community-based cluster randomized controlled trial.
2. Status of and barriers to awareness, treatment and control of hypertension in rural communities of Kathmandu, Nepal.
3. Barriers to Dietary Salt Reduction among Hypertensive Patients.
4. Mean sodium intake among apparently healthy individuals in Kaski - Salt Survey.
5. Sustainability of a lifestyle intervention delivered by community health workers for reducing blood pressure in Nepal.
6. Effects of Antiplatelet and Anticoagulant drugs in bleeding tendency on Valvular Heart Disease patients: A case study of Manmohan Cardiothoracic Vascular and Transplant Center.
7. Conventional and novel risk factors among young patient with ST-elevation myocardial infarction.
8. Assessment of Dietary Salt Compliance in Patients with Hypertension Under Anti - Hypertensive Therapy
9. Effects of Flaxseed in Blood pressure of patients taking Anti- Hypertensive Drugs: A randomized Trial
10. Vitamin D level and Cardiovascular risk in patients with Type 2 Diabetes Mellitus
11. Assessment of Dietary Salt Compliance in Patients with Hypertension under Antihypertensive Therapy